

PRESS RELEASE

For Immediate Release

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JULIE MORGAN SUPPORTS CARERS

Julie Morgan the MP for Cardiff North is supporting this year's carers week (8-14 June) by backing the action of more than six million people who quietly provide unpaid care for loved ones who are ill or disabled.

Julie Morgan said:

“Recent research shows that almost three quarters of carers have reached breaking point, due to the pressure that their role has put them under, there are cases of depression, stress and even attempted suicide.

The research has also highlighted how many of those caring feel their roll is overlooked by health professionals, friends and family members. Almost two thirds of carers feel that caring has made their life more difficult, affected their health and left them worse off financially.

There are thousands of people around the country, many of whom must be in my Cardiff North constituency. Some carers are school children who are doing a remarkable job caring for a parent while also trying to follow their education. They join others who sacrifice their time, as well as often their health, finances, work and social life, so they can care for a loved one. They deserve to be recognised for the contribution that they make to our local community and to society as a whole.

I want carers to know how much they are respected and to let them know that there are services and support available to help them. Caring is both demanding and at times very difficult, so it's important that carers realise that they don't have to do it all on their own.”

ENDS

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